Baked Cod With Buttery Cracker Topping

By Sarah DiGregorioTotal Time25 minutesRating★ ★ ★ ★ ★ ★ (1,628)



Sang An for The New York Times. Food Stylist: Simon Andrews.

Baked, stuffed fish is an old-school restaurant staple in New England; covered in lemony, buttersoaked cracker crumbs, it's a wonderful way to eat mild white fish like cod or haddock. The dish has a long history and relies on two ingredients New Englanders have in abundance: fresh seafood and crackers, which are descended from sailors' hardtack. Fannie Farmer's 1896 "Boston Cooking-School Cook Book" has a recipe for cracker-stuffed halibut, seasoned with butter, salt, pepper and onion juice. Some modern versions use saltines, others use butter crackers like Ritz, and many enrich the crackers with crab meat. This recipe is an easy weeknight variation: Instead of rolling the fish up around the stuffing, which requires long, thin filets, it is generously covered in the stuffing and roasted until the cracker topping is toasted and the fish flakes.

INGREDIENTS

Yield: 4 servings

4 ounces butter-flavored crackers, such as Ritz (about $1\frac{1}{2}$ sleeves; $1\frac{1}{2}$ cups crushed)

- 5 tablespoons unsalted butter, melted
- ¹⁄₄ cup minced fresh chives
- 1/4 cup minced flat-leaf parsley

¹/₂ lemon, zest and juice, plus more lemon wedges for serving

- 1 teaspoon onion powder
- 1 teaspoon garlic powder

4 (6- to 8-ounce) fillets of cod, haddock, halibut or other white fish Coarse kosher salt and black pepper Sweet paprika, for serving

PREPARATION

Step 1

Heat the oven to 425 degrees. Put the crackers in a medium bowl and use your hand to crush them until they are finely crushed. (Some coarser bits are OK.) Add 4 tablespoons of the melted butter, the chives, parsley, lemon zest and onion and garlic powders, and stir to evenly combine, making sure to moisten all the crumbs.

Step 2

Put the fish fillets in a large, ovenproof skillet. Drizzle the remaining 1 tablespoon butter over the fish and turn to coat. Season the fish on all sides with salt and pepper. Mound the cracker mixture on top of the fish, covering it. (Some cracker crumbs will fall off the fish.)

Step 3

Roast in the oven for 10 to 16 minutes, depending on the thickness of the fillets. Plan for about 10 minutes per inch; the fish should flake easily, and the juices should be bubbly around the edges. Squeeze the lemon juice over the top. Sprinkle with paprika, and serve with extra lemon wedges on the side.

Private Notes

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