NY Times has two related recipes for a cheesy bean bake. Hard to categorize, they're sort of like a cheesy bean dip. The other one uses white beans and mozzarella cheese and is very good, but I prefer this one, it is terrific. It's a little spicier with black beans, cheddar, and various spices. Click here for the white bean version.

Cheesy, Spicy Black Bean Bake

By Ali Slagle

Total Time 15 minutes

Rating $\bigstar \bigstar \bigstar \bigstar (8,451)$



Christopher Testani for The New York Times. Food Stylist: Simon
Andrews.

Whether or not you've fallen for this <u>cheesy white-bean tomato bake</u>, we'd like you to meet its bolder counterpart, smoky and spiced, with lots of melty cheese. Black beans shine in a deep-red mixture of fried garlic, caramelized tomato paste, smoked paprika and cumin. The whole skillet gets coated in a generous sprinkling of sharp Cheddar or Manchego cheese, then baked until melted. The final result is what you hope for from a really good chili or stew, but in a lot less time. For a spicier rendition, add a pinch of cayenne with the paprika, or douse the final skillet with hot sauce. Serve with tortillas, tortilla chips, rice, a baked potato or fried eggs.

INGREDIENTS

Yield: 4 servings

- 3 tablespoons extra-virgin olive oil
- 5 garlic cloves, peeled and sliced
- 1/4 cup tomato paste
- 1½ teaspoons smoked paprika
- 1/4 teaspoon red-pepper flakes
- 1 teaspoon ground cumin
- 2 (14-ounce) cans black beans, drained and rinsed
- $\frac{1}{2}$ cup boiling water

Kosher salt and black pepper

1½ cups grated Cheddar or Manchego cheese (from about a 6ounce block)

PREPARATION

Step 1

Heat the oven to 475 degrees. In a 10-inch ovenproof skillet, heat the olive oil over medium-high. Fry the garlic until lightly golden, about 1 minute. Stir in the tomato paste, paprika, red-pepper flakes and cumin (be careful of splattering), and fry for 30 seconds, reducing the heat as needed to prevent the garlic from burning.

Step 2

Add the beans, water and generous pinches of salt and pepper, and stir to combine. Sprinkle the cheese evenly over the top then bake until the cheese has melted, 5 to 10 minutes. If the top is not as browned as you'd like, run the skillet under the broiler for 1 or 2 minutes. Serve immediately.