

Black Bean Soup With Chorizo and Braised Chicken Recipe

Ingredients

- 1 pound dried black beans
- Kosher salt
- · 2 pounds chicken drumsticks or thighs
- · Freshly ground black pepper
- 1 tablespoons canola or vegetable oil
- 6 ounces smoked Mexican or Spanish chorizo, cut into 1/4-inch slices
- 8 scallions, finely sliced, greens and whites reserved separately
- 2 serrano peppers, 1 finely chopped (about 2 tablespoons), the other thinly sliced for garnish
- 4 medium cloves garlic, minced (about 4 teaspoons)
- 2 teaspoons ground cumin
- 2 whole chipotle peppers in adobo sauce, finely minced, plus 1 tablespoon sauce from can
- 1 1/2 quarts low-sodium store-bought or homemade chicken broth
- 2 bay leaves
- · Sliced avocado, for serving
- Fresh cilantro leaves, for serving
- Sour cream or Mexican-style crema, for serving
- 1 lime, cut into 8 wedges

Directions

- 1. Place black beans in a large bowl and cover with 1 gallon of water. Add 3 tablespoons salt and stir until dissolved. Cover and set aside at room temperature overnight. (See note).
- 2. The next day, season chicken on all sides with salt and pepper. Heat oil in a large Dutch oven or saucepot over medium-high heat until shimmering. Add chicken and cook without moving until well browned on first side, about 5 minutes. Flip chicken and cook until second side is browned, about 3 minutes longer. Remove chicken from pot with tongs and set aside on a large plate.
- 3. Add chorizo to pot and cook, stirring occasionally, until chorizo is crisp and starting to char, about 4 minutes. Add scallion whites, chopped Serrano, and garlic. Cook, stirring and scraping up browned bits from bottom of pan until fragrant, about 2 minutes. Add cumin and cook, stirring, until fragrant, about 30 seconds. Add chopped chipotles and their sauce and cook, stirring until fragrant, about 1 minute. Add broth and bay leaves. (If using canned beans, see note).
- 4. Drain and rinse beans and add to pot. Nestle chicken pieces into beans. Bring to a boil, reduce to a bare simmer and cook, uncovered, stirring occasionally, until beans and chicken are tender, 45 minutes to 1 hour.
- 5. Remove and discard bay leaves and skins from chicken. Using a ladle, carefully transfer 2 cup of beans and chorizo with liquid to a blender. Blend on high speed until completely smooth, about 1 minute. Stir mixture back into pot. (If a thicker soup is desired, repeat this process until it as thick as desired)
- Serve chicken and beans with cilantro, scallion greens, lime wedges, sliced Serrano peppers, and sour cream at the table for garnish.

