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Democracy Dies in Darkness

Scones With Gruyere and Country Ham

By Olga Massov

Servings: 12 (makes 12 scones)

8 1/4 ounces (250 grams) Gruyère cheese
5 1/4 ounces (150 grams) country ham
3 1/2 cups (440 grams) all-purpose flour
1/4 cup (30 grams) whole-wheat flour
Scant 1/4 cup (40 grams) granulated sugar
4 teaspoons (16 grams) baking powder

- 1 teaspoon baking soda
- 3/4 teaspoon fine salt
- 18 tablespoons (2 sticks plus 2 tablespoons/255 grams) cold unsalted butter, cut into 1/2-inch cubes (see Notes)
- 1 1/4 cups (300 grams) cold, well-shaken buttermilk, preferably full-fat
 - 1/2 cup (55 grams) finely chopped scallions (4 to 6 scallions)
 - 1 large egg
 - 1/2 tablespoon heavy cream
- Sesame seeds, for sprinkling
- Flaky sea salt, such as Maldon, for sprinkling

S Active: 40 mins Total: 1 hour 50 mins

Step 1

Position a rack in the middle of the oven and preheat to 375 degrees. Line two large sheet pans with parchment paper.

Step 2

Cut the cheese and ham into large chunks and pulse each in a mini food processor – in batches as needed – until finely chopped. Transfer each pulsed batch to a medium bowl; you can combine the cheese and the ham in the same bowl. (Alternatively, you can finely hand-chop both ingredients.)

Step 3

In the bowl of a stand mixer fitted with a paddle attachment, mix together the all-purpose and whole-wheat flours, the sugar, baking powder, baking soda and salt just to combine. Add the butter and mix on low speed until the butter chunks are pea-size, 2 to 3 minutes. The mixture will look sandy, but still have lots of loose flour and will not yet look like dough. Pinch a buttery piece with your fingers – it should hold together.

Step 4

Make a well in the center of the mixture so you can see the bottom of the bowl, and pour in the buttermilk. Mix on low just to combine, stopping the mixer once or twice and scraping the sides and bottom of the bowl to incorporate the dry ingredients. Add the Gruyère, ham and scallions and mix on low just to combine, being careful not to overmix. The dough will be rough, shaggy and fairly sticky – and will come together as you shape the scones.

Step 5

Using a No. 8 (4-ounce/120-milliliter) disher or 1/2-cup measuring cup, scoop packed portions of dough and arrange them on the prepared sheet pans. Using your hands, shape each mound into 2-inch-tall cylinders, roughly the size of a lemon; each should weigh about 130 grams. (Work quickly so as not to warm up the butter. If you find that your scooped scones are too sticky/soft to work with, refrigerate the portions for 15 to 30 minutes, or until firmed up, then shape them into cylinders as instructed above.)

Step 6

Transfer the pans to the refrigerator for 15 minutes to let the scones firm up and help them keep their shape (no need to do this if you had to refrigerate them before shaping). Meanwhile, in a small bowl, whisk together the egg with cream until well combined.

Step 7

Generously brush each chilled scone all over with the egg wash. Sprinkle generously with sesame seeds and a bit of flaky salt. Bake one sheet at a time – keep the other sheet in the refrigerator – for 30 to 33 minutes, or until deep golden brown and glossy, rotating the sheet front to back at the 15-minute mark. (You may see some fat pooling around the scones as they bake; this is okay.)

Step 8

Remove from the oven and let the scones cool for 5 minutes on the pan, then transfer to a wire rack. Serve warm or at room temperature. Repeat with the remaining scones.

Substitutions

Instead of Gruyere >> try a sharp cheddar, Comté or fontina. No scallions? >> Chives or Chinese chives.

Notes

The easiest way to cube your butter is to use a bench scraper – not your knife – for cutting. Cut the stick of butter in half lengthwise; rotate a quarter turn and cut lengthwise again. You should have 4 narrow batons of butter stacked in 2x2 arrangement. Cut across the batons with a bench scraper to get 1/2-inch cubes.

