Grilled Seafood Burgers With Old Bay Mayonnaise

By Kay Chun Total Time 25 minutes Rating ★★★★★ (824)



David Malosh for The New York Times. Food Stylist: Simon Andrews.

Tender cod and sweet shrimp transform into juicy seafood burgers that are perfect for easy summer grilling. The shrimp do double duty here: They act as a natural binder, eliminating the need for bread crumbs and eggs and giving the burgers a pure seafood essence. They also lend a snappy, firm texture to the patties. A quick cook on the grill imparts great smoky notes that complement the fish, and an Old Bay mayo sauce highlights the seafood flavors even further.

INGREDIENTS

Yield: 4 servings

1 tablespoon neutral oil, such as safflower or canola, plus more for greasing the grates

¹/₂ pound cleaned large shrimp, cut into thirds

12 ounces cod fillet, cut into $\frac{1}{2}$ -inch cubes

¹⁄₄ cup plus 2 tablespoons chopped scallions

1 teaspoon kosher salt (such as Diamond Crystal)

1/2 teaspoon ground black pepper

 $\frac{1}{2}$ cup mayonnaise

1 tablespoon Old Bay seasoning

4 toasted hamburger buns

Lemon wedges, for serving

Shredded iceberg lettuce and sliced dill pickles

PREPARATION

Step 1

Heat a grill to medium and oil the grates.

Step 2

In a food processor, pulse the shrimp a few times just until finely chopped and a coarse paste forms. Transfer to a large bowl and add the cod, ¼ cup of the scallions, the salt and pepper, and mix until well blended. (Hands work best.) Moisten your hands with water, then form the mixture into 4 (½-inch-thick) patties. Coat patties lightly with the oil.

Step 3

Grill the burgers until lightly charred and just cooked through, 4 to 5 minutes per side. (Resist the temptation to prod or flip the burgers unnecessarily. They will release easily once they are cooked on each side.)

Step 4

Meanwhile, in a small bowl, combine the mayonnaise, Old Bay and the remaining 2 tablespoons scallions; mix well.

Step 5

Smear some of the Old Bay mayonnaise on the buns. Top each bottom bun with a burger and squeeze lemon on top. Top with some of the lettuce and pickles, close the burgers and enjoy.

Private Notes

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